**A logo with a letter c

AI-generated content may be incorrect.The Consolidation Survival Self-Assessment & Career Action Planner**

*Protect Your Career in a Changing Convenience Store Industry*

**1. Consolidation Survival Self-Assessment**

*How prepared are you for industry mergers, buyouts, or restructuring?*  
**Check all that apply:**

* ☐ I am aware of recent mergers/acquisitions in my region
* ☐ My store/company has discussed possible changes
* ☐ I have updated my resume and LinkedIn profile in the past 6 months
* ☐ I have cross-trained in at least one other store function
* ☐ I know the key metrics my employer uses to evaluate performance
* ☐ I have built relationships with district/regional leaders
* ☐ I regularly check job boards or company postings
* ☐ I know at least two people in the industry outside my current company
* ☐ I have a plan if my job/role changes suddenly
* ☐ I have saved at least one month’s living expenses

**My score:** \_\_\_\_ / 10

* 8–10: Resilient. You’re ready for anything.
* 5–7: At risk. Take action to prepare for change.
* 0–4: High risk. Start planning now!

**2. Career Impact Analysis Table**

|  |  |  |
| --- | --- | --- |
| Change or Trend Observed | How It Affects My Store/Role | What I Can Do About It |
|  |  |  |
|  |  |  |
|  |  |  |

**3. Skill Growth & Cross-Training Planner**

|  |  |  |
| --- | --- | --- |
| Skill or Store Function | My Level (Beginner/Good/Expert) | Next Step to Improve |
| Inventory Management |  |  |
| Customer Service |  |  |
| Foodservice/Fresh Offerings |  |  |
| Merchandising |  |  |
| Technology (POS, mobile) |  |  |
| Safety & Compliance |  |  |

**4. Networking & Industry Relationship Map**

|  |  |  |  |
| --- | --- | --- | --- |
| Name | Company/Role | How I Know Them | Date Last Contacted |
|  |  |  |  |
|  |  |  |  |
|  |  |  |  |

**5. Career Emergency Action Plan**

If I am affected by consolidation (merger, sale, etc.) I will:

* Contact: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Update my resume/LinkedIn by: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Review open positions at: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* Reach out to (mentor/industry friend): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* List top 3 skills I can offer a new employer:
* Set a reminder to check in on my plan on: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_